DANCE (PERFORMING ARTS) - BTEC First Award

AT A GLANCE	*FORMAT*
	UNIT 4 Dance Skills – internally assessed unit, developing skills in at least 2 styles building towards 2 contrasting pieces of dance, demonstrating ability to use a range of physical and interpretative skills **UNIT 2 Preparation, Performance & Production** – compulsory internally assessed unit, developing pieces of group choreography, demonstrating understanding of dance components and choreographic process **UNIT 1 Individual Showcase** – compulsory externally assessed unit, developing audition solos demonstrating ability to apply physical and interpretative skills alongside a written letter of application

SUCCESS TIPS

- It is essential that you remember your Dance kit every lesson to demonstrate a disciplined approach to lessons
- Remember that you are always being marked in lessons so you must work to the best of your ability.
- You need to make sure you are working effectively as a team, offering commentary and suggestion and being analytical of the work. Everyone must take their part.
- Keeping a detailed journal of your progress in lessons, doing extra research into the dance styles studied and adding it to your working folder is an easy way of improving your grade independently.
- Receive feedback on your performance from your teacher and other members of the class to help you improve on your work.
- Watch your spacing, formation and placement – make sure the audience can always see everything they're supposed to. Demonstrate excellent awareness of audience at all times.
- Listen to the music used in lessons at home to familiarise yourself with they rhythm and structure of the music will help you show greater musicality in your performances.
- Do physical warm-ups every day in order to strengthen your movement skills, strength and flexibility.
- Make sure you attend all lessons as your absence impacts on your own and others' work.
- Take time to evaluate your work properly. Being able to self evaluate makes a huge difference to your grade so get used to doing it lesson by lesson as well as at the end of each project.

PASS	MERIT	DISTINCTION
Attend rehearsals and performance. Develop an awareness of stylistic qualities and apply some physical and interpretative skills. Identify main strengths and weaknesses.	Show commitment and concentration in work. Perform with an assured sense of style and demonstrate appropriate physical skills with accuracy. Show reasoning in evaluations.	Demonstrate attention to detail and focus throughout rehearsals. Demonstrate a range of skills with confidence and understanding. Evaluate work with considered conclusions.