GCSE FOOD PREPARATION AND NUTRITION

AT A GLANCE	*FORMAT*
	FOOD PREPARATION AND NUTRITION **Component 1 - Principles of Food Preparation and Nutrition – Year 10** **Component 2: Food Preparation and Nutrition in Action – Year 11** Areas of study: 1. **Food commodities** 2. **Principles of nutrition** 3. **Diet and good health** 4. **The science of food** 5. **Where food comes from** 6. **Cooking and food preparation**

Component 1: Principles of Food Preparation and Nutrition - 50% of qualification
Written examination: 1 hour 45 minutes
Section A: questions based on stimulus material.
Section B: structured, short and extended response questions.

Component 2: Food Preparation and Nutrition in Action - 50% of qualification
Non-examination assessment. Internally assessed, externally moderated
Assessment 1: 8 hours 15% of qualification
Assessment 2: 12 hours 35% of qualification

ESS TIPS

am paper

ate amount of time on a question which is only worth a
lete a question worth more. You can always come back
time allows.
question as this reflects the number of points the
marks is likely to want two key pieces of information.
tailed explanation with relevant examples.

- Ensure you write your answers in full sentences and give examples where appropriate to clarify your response.
- Remember: Spelling, grammar and subject terminology will be considered in the awarding of marks. In extended writing questions sentence structure will be important. If the exam paper gives a set amount of space for you to respond use this as a guide to the amount and number of points they are expecting you to include.
- Try pining up your revision notes and mind maps in appropriate places around your home so that you can absorb key bits of information regularly. EG: beside your mirror, back of the bathroom door, on the side of the cereal box etc. Anywhere you will see it regularly.
- **Purchase the WJEC Revision and Exam workbooks**

Resources
We would encourage students and parents to visit www.eduqas.co.uk/ (Eduqas is a brand of the British examination board WJEC) to find revision resources

Revision and Exam workbooks are now available to purchase via Parent Pay. Once payment has been made they can be collected from Mr Oaten.