How to Revise GCSE PE

Key Vocabulary

Make sure you learn and can recall the key vocabulary. Things such as the names of the muscles, bones, structures of the heart and lungs as well as key terms for the classifications of skills and many more. They are highlighted in the boxes in the text book.
Make sure that you know what the mean and you can use them in sentences to answer questions.

Little and Often

Four 30 minute sessions each week is often better than two hours in one go.

Resources

- Exercise book containing key notes from your lessons
- Online textbook on www.kerboodle.com You have set your own password for this
- Past paper questions given to you by your teacher
- Revision guide: my revision notes, by Kirk Bizley. ISBN: 978 1 5104 0523 3 is recommended by Mr Kontarines
- Get some revision cards and condense your class notes
- Summarise topics in a single poster
-

Practising your practical skills

Come to afterschool practises and clubs (Friday 3:30 – 4:15 is purely for GCSE PE students) in order to get better at your three selected sports. This will improve your practical score and help with the coursework element too.

Questions, questions, questions!!

Do plenty of questions, especially worded ones to improve your comprehension of what is being asked. Start with using all your resources to help you and slowly reduce them so that you are doing them using your gained skills.

Command Words

Make sure you understand what the different command words mean. For example, 'Explain' requires you to say **why** something has happened

Ask, ask, ask!!

Ask your teacher to explain any questions you do not understand, no matter how often, we are here to help. **We all want you to do well.**