

GCSE FOOD PREPARATION AND NUTRITION

AT A GLANCE	FORMAT
<div data-bbox="199 309 762 645" data-label="Figure"> </div> <p data-bbox="164 667 746 730">Component 1: Principles of Food Preparation and Nutrition - 50% of qualification</p> <p data-bbox="164 730 746 853">Written examination: 1 hour 45 minutes Section A: questions based on stimulus material. Section B: structured, short and extended response questions.</p> <p data-bbox="164 884 751 947">Component 2: Food Preparation and Nutrition in Action - 50% of qualification</p> <p data-bbox="164 947 695 1070">Non-examination assessment. Internally assessed, externally moderated Assessment 1: 8 hours 15% of qualification Assessment 2: 12 hours 35% of qualification</p>	<p data-bbox="802 315 1310 347">FOOD PREPARATION AND NUTRITION</p> <p data-bbox="802 394 1414 465">Component 1 - Principles of Food Preparation and Nutrition – Year 10</p> <p data-bbox="802 510 1453 582">Component 2: Food Preparation and Nutrition in Action – Year 11</p> <p data-bbox="802 705 999 739">Areas of study:</p> <ol data-bbox="850 786 1302 1014" style="list-style-type: none"> 1. Food commodities 2. Principles of nutrition 3. Diet and good health 4. The science of food 5. Where food comes from 6. Cooking and food preparation
<p data-bbox="711 1111 895 1142">SUCCESS TIPS</p>	
<p data-bbox="196 1171 911 1202"><u>Top Tips for successful completion of the exam paper</u></p> <ul data-bbox="189 1211 1453 1865" style="list-style-type: none"> • Ensure that you do not spend a disproportionate amount of time on a question which is only worth a few marks and then don't have time to complete a question worth more. You can always come back to earlier questions at the end of the exam if time allows. • Check the number of marks available for each question as this reflects the number of points the examiner is looking for. A question worth two marks is likely to want two key pieces of information. Whereas a questions worth six will need a detailed explanation with relevant examples. • Ensure you write your answers in full sentences and give examples where appropriate to clarify your response. • Remember: Spelling, grammar and subject terminology will be considered in the awarding of marks. In extended writing questions sentence structure will be important. If the exam paper gives a set amount of space for you to respond use this as a guide to the amount and number of points they are expecting you to include. • Try pinning up your revision notes and mind maps in appropriate places around your home so that you can absorb key bits of information regularly. EG: beside your mirror, back of the bathroom door, on the side of the cereal box etc. Anywhere you will see it regularly. • Purchase the WJEC Revision and Exam workbooks 	
<p data-bbox="142 1915 268 1946"><u>Resources</u></p> <p data-bbox="142 1951 1382 2018">We would encourage students and parents to visit www.eduqas.co.uk/ (Eduqas is a brand of the British examination board WJEC) to find revision resources</p> <p data-bbox="142 2056 1465 2123">Revision and Exam workbooks are now available to purchase via Parent Pay. Once payment has been made they can be collected from Mr Oaten.</p>	