

Health and Social Care Year 12 Summer Term 2020 Overview

Overview: the exam board OCR have confirmed that majority of the internally assessed work needs to be completed under supervised conditions however some can be completed from home so long as assessors are confident it is the student's own work.

Since September 2019 Year 12 have prepared for Unit 4 Anatomy and Physiology and Unit 3 Health, Safety and Security which were both due to be examined this summer. We are awaiting guidance from OCR as to whether grades for these units will now be suggested by teachers or the exams will be taken during Year 13. Students have also been working towards Unit 1 Building Positive Relationships internal assessments which were due to be completed by the end of Year 12. The next tasks of that unit require group role plays and evaluation which cannot be completed whilst school is closed.

During the Summer Term 2020 students will firstly be completing the Care Certificate workbooks which are designed by Skills for Care, a national organisation. The workbooks cover knowledge and understanding which underpins all HSC units and enables students to prepare for working in Health, Social or Child Care settings in future. Students have started working on these before the Easter break.

Then we will move on to cover the knowledge and understanding needed for Unit 10 Nutrition which is usually completed during Year 13. This unit is the most accessible for students to approach independently and the Pass criteria tasks can be completed whilst school is closed. A Powerpoint of guidance will be emailed for each task.

Work set prior to Easter:

Please work through the Care Certificate workbooks. Use the introduction, glossary and workbooks to learn about the 15 standards. Where needed, imagine yourself in a role within Health, Social or Child Care depending on your interests. I think it will take around 1 hour per workbook / standard. If you don't complete all tasks in around 1 hour don't worry, just make sure you've at least read each task and thought about what you would write as the thinking and understanding is the most important part.

Use this website to access all the resources you need:

<https://www.skillsforcare.org.uk/Learning-development/inducting-staff/care-certificate/Care-Certificate-workbook.aspx>

Week commencing 30th March: read introduction and make a list of the headings of the 15 standards then complete workbooks 1, 2 & 3: Understand your role; Your personal development; Duty of Care.

Work set for Summer Term:

W/C 20th April standards 4, 5, 6 & 7 workbooks: Equality and Diversity and Privacy and dignity (which underpin Unit 3 to be completed during Year 13); Work in a person centred way and Communication (which will aid the completion of Unit 1)

W/C 27th April standards 8, 9, 10 & 11 workbooks: Fluids and nutrition (which aids the completion of Unit 10 Nutrition); Awareness of mental health, dementia and learning disability; Safeguarding adults; Safeguarding children

W/C 4th May standards 12, 13, 14 & 15 workbooks: Basic life support; Health and Safety; Handling information (which underpins Unit 3 to be completed during Year 13); Infection prevention and control

W/C 11th May Nutrition: P1 Describe nutritional guidelines & P1 Describe energy balance & nutrition guidelines

W/C 18th May Nutrition Complete previous P1 tasks and P1 Food labelling regulations

W/C 1st June Nutrition P2 Describe the functions of nutrients

W/C 8th June Nutrition P3 Explain how nutritional requirements differ for individuals

W/C 15th June Nutrition P4 Explain factors which influence nutritional health

W/C 22nd June Nutrition P5 Evaluate the diet and nutrition of a chosen individual

W/C 29th June Nutrition P6 Develop a dietary plan to improve the nutritional health of an individual

W/C 6th July Nutrition M2 Analyse the sustainability of a dietary plan for a chosen individual