

Year 10 PSHE Overview

PSHE Pastoral Workshops x 6	Science	Tutor Period x 30	Year assemblies/Boot camp sessions	Cross curricular (All subjects other than Science)
19 If I got pregnant	<p>1 Sexual Health unit 4 possibly to include choices related to pregnancy, alcohol and drugs leading to risky sexual behaviour, menopause and how to get further advice TBC</p> <p>2 Health unit 4, possibly to include the law relating to supply / possession of illegal substances, attitudes to drugs, physical and psychological consequences of addiction (including alcohol), prescription drugs risks TBC</p>	<p>Mental Health including new challenges, reframing negative thinking, recognising when help is needed, emotional well-being, anxiety, depression and conflict resolution</p> <p>Family Life – Parenting, Relationships, Marriage, Legal Status</p> <p>Consent – capacity to withdraw (to go alongside workshop)</p> <p>Extremism and Inclusion – valuing diversity, understanding and preventing extremism, radicalisation</p> <p>Careers – Neets, future options and SMART</p>	<p>Expectations / Behaviour</p> <p>Equalities to go with homophobia workshop</p> <p>Post 16 / careers</p>	
20 Abusive relationships (Gaslighting and domestic abuse)				
21 Knife crime				
22 Sexual exploitation and drugs including county lines				
23 Consent and the law (include rape)				
24 Homophobia				

Key Questions for students in Year 10

What would it be like if my partner or I got pregnant?

What are gas-lighting and domestic abuse?

What are the effects knife crime?

Why does homophobia still exist?

What does the law say about consent/rape?

Why are drugs / alcohol linked to sexual activity?

How does addiction take over?

What family decisions will I need to take?

How does the law support modern families?

When can you withdraw consent?

What is a Neet?

What are my options post-16?