

Year 8 PSHE Overview

PSHE Pastoral Workshops x 6	Science	Tutor Period x 30	Year assemblies/Boot camp sessions	Cross curricular (All subjects)
7 My perfect partner	1 Sexual Health unit 2 possibly to include healthy intimate relationships, reproductive health, pregnancy, STI's TBC 2 Health unit 2, physical activity and mental well-being to combat stress, healthy weight, cancer, blood/organ/stem cell donation, smoking and alcohol consumption TBC	Basic First Aid including Heart Start Introduction to Online-safety and media Healthy Relationships – Consent intro (alongside workshop), Healthy Relationships and exploitation (CSE), Cyberbullying and Peer Pressure (alongside workshop) Diversity and Race Relations Mental Health development Careers – options and SMART	Expectations / Behaviour Consent (to fit with workshop) Options / careers Mental Health Awareness	Maths – Money Sense TBC Drama – Hate Crime / Race Relations TBC
8 What age can I?				
9 Consent Introduction				
10 How the media influences me				
11 Staying safe online and Sexting				
12 Peer pressure - being and loving myself				

Key Questions for students in Year 8

How might my perfect partner look? What am I allowed to do at what age (by law)? What is Consent?
 What does 'Race Relations' and 'Diversity' mean? What does the law say? How much am I influenced by social media?
 What is sexting? What does CSE stand for? How can I manage peer pressure successfully?
 What do we mean by 'mental health'? What skills do I need to be able to save a life? What should I consider when looking at option subjects?
 What does an intimate relationship look like? How does reproduction work? What are the effects of STI's?
 Why do people smoke and drink alcohol and what are the effects