

Year 9 PSHE Overview

| PSHE Pastoral Workshops x 6 | Science | Tutor Period x 30 | Year assemblies/Boot camp sessions | Cross curricular (All subjects) |
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| 13 Am I ready for a sexual relationship? | 1 Sexual Health unit 3 possibly to include sexual pressure, choice to delay, contraception, all aspects of health (including mental) being affected by choices made regarding Relationships and Sex TBC 2 Health unit 3, possibly to include legal and illegal drugs, facts, mental health etc, TBC | Mental Health including healthy and unhealthy coping strategies, Dove Self Esteem and Men's Health | Expectations / Behaviour | Humanities – including are religions prejudiced, arranged marriage, FGM, honour-based violence (need to check?) intolerance and hate crimes, holocaust and sectarianism *Need to check honour-based violence |
| 14 Pornography impacts and dangers | | Introduction to Online-safety and media | Mental Health Awareness – men's health? | |
| 15 Drugs (cannabis and amphetamines), crime and debt | | Healthy Relationships – Including Sexting and First Time (to go alongside workshop) | Drugs in rural areas – to be delivered before the workshops | |
| 16 Sex and mental health - anxiety and self-image | | Good Citizens including consumer rights, free press, fraud and knife crime | County lines intro | |
| 17 Banter and harassment | | Careers – ? and SMART | | |
| 18 Age appropriate sexual behaviours | | | | |

Key Questions for students in Year 9

Am I ready for a sexual relationship?

What are the dangers of pornography?

What are the effects of different drugs?

How do I deal with sexual pressure, choosing to delay and the mental health aspects for Sex?

What does the law say about drugs?

How do drugs link to debt and crime?

When does 'banter' become 'harassment'?

What should I be 'doing' with sex at my age?

What healthy or unhealthy strategies do people use to cope with 'mental health'?

How should good citizens / consumers act?