Module Implementation

The nature of the PSHE curriculum and the complex and varied mechanisms for delivery of PSHE (through workshops, tutor sessions, Science faculty and cross-curricular work) necessitate, and is in fact enhanced by, the fact that modules are split across different year-groups and different delivery mechanisms. Therefore it is helpful to look at student's progression at each phase (roughly 3 phases per year-group)

Phase 1	Sequential knowledge checkpoints	Key Vocabulary	
Phase 1 will include the introductory (boot camp) sessions for Year 7 students, the 'settling in' activities during initial tutor time and tutor-led PSHE, the first 2 workshops delivered by the Year Leader (DSL) and assemblies throughout the first term at JMHS	Students will understand the impact of bullying, know what forms bullying takes and know where to seek help with any concerns during the start of their time at JMHS. Students will develop understanding of how to form good relationships, and know what a good friendship, good behaviour and good relationships look like.	Assertive Trust Behaviour Safety Expectations	Relationships Empathy Peer on Peer Abuse Young Carer

Phase 2	Sequential knowledge checkpoints	Key Vocabulary	
Phase 2 will include equalities work through workshops, assemblies and a unit on 'extremism' (Humanities), as well as the first 'Sexual Health' (Science) unit featuring puberty etc. It will also include an early look at ICT safety (ICT faculty and workshops).	Students will recognise the dangers of extremism and know what is meant by the term, as well as the term 'equalities' and be able to identify the protected characteristics. Students will know the dangers that surround ICT use and start to understand how behaviour can be construed on line and the effects it has. Students will start to explore strategies to avoid or defuse conflict. Students will know the stages of puberty and start to develop strategies to manage feelings during this process.	Extremism Prevent Channel Equalities Protected characteristics Stereotype	Puberty Menstrual cycle Online reputations Digital footprint Safeguarding Pre-menstrual tension

Phase 3	Sequential knowledge checkpoints	Key Vocabulary	
Phase 3 will include a deeper look at good relations (workshop), initial mental health awareness and an introduction to careers.	Students will build on the knowledge of what a good relationship looks like (phase 1) by starting to understand behaviour moderation and gold-standard friendships / relationships Students will know some strategies to identify and improve mental health.	Mental Health Self esteem Mindfulness Neglect Occupation	Career Profession Transferrable skills Transition Values Qualities Network Divorce Civil partnership

End Point for Year 7	Students will have significant knowledge about the fundamentals of being healthy relationships, including sexual health. Students will also have knowledge about careers (early stages of careers education) and on-line safety. Students will know where to seek help, in school and out of school, for any problems / questions / concerns

Phase 4	Sequential knowledge checkpoints	Key Vocabulary	
Phase 4 starts in Year 8 and will include workshops on intimate relationships and legal ages, the 1st and 2nd Science units on Health to include healthy eating, hygiene, dental hygiene and smoking. Phase 4 also includes tutor work on healthy relationships, diversity, sexuality, LGTB and exploitation.	Students will know some specific dangers in relationship imbalance, including Child Sexual Exploitation and will start to identify risks in certain scenarios. Students will know the elements of Health that they should be taking increasing responsibility for (e.g. Hygiene, Dental, Healthy Eating) as well as the effects of smoking.	Exploitation Intimacy Age restrictions Homosexuality Transgender Hygiene Dental Healthy Eating	Balanced diet Nutrition Body odour Acne

Phase 5	Sequential knowledge checkpoints	Key Vocabulary	
Phase 5 will include workshops on consent and sexting and peer pressure, supported by assemblies and some tutor sessions. Further ICT safety will be explored.	Students will know the law and the basic principles of consent. Students will be able to define sexting and peer pressure and will start to understand the permanence and the dangers of inappropriate online behaviour and where to get help.	Consent Sexting Peer pressure Intimidation Phishing Scam Hoaxes	Risk assessment NSPCC MASH Childline Personal data Social media Password protection

Phase 6	Sequential knowledge checkpoints	Key Vocabulary	
Phase 6 will include Mental Health through tutor work and assemblies and students will complete Heart Start (First Aid). Equalities and careers (options) will also be explored through tutor work	Students will build on their knowledge of 'protected characteristics' from Phase 2 by starting to understand and evaluate scenarios where there has potentially been a breach of the law. Students will know the basics of First Aid including DrABC	Dependency Breach DrABC Protected characteristics Hate Crime	Prejudice Eating disorder Obesity Solvent abuse Alcoholic

End Point for Year 8	Students will be more confident in their knowledge about the fundamentals of being healthy, including sexual health, general health, mental health and relationships, including specifics such as exploitation, dependency and first aid. Students will also have an understanding of potential career paths and will have linked their option choices to their ideas about careers. Students will start to evaluate different places to seek help, in school and out of school, for any problems / questions / concerns.

Phase 7	Sequential knowledge checkpoints	Key Vocabulary	
Phase 7 at the start of Year 9 will include RSE workshops on sexual relationships, pornography, sex and mental health and age-appropriate sexual behaviour. Sexual Health Units 2 and 3 (Science) will include choice to delay, contraception, STI's and choices related to pregnancy. Tutor work will include 'First Time' and sexting. Cross curricular work will include religious prejudice, arranged marriage, FGM, honour-based violence, intolerance and hate crimes, holocaust and sectarianism	Students will have clearer understanding of appropriate intimate relationships, building on their understanding from phase 4 and phase 5, whilst knowing the law and dangers related to pornography. Students will know the law and their options / choices regarding delay and how to manage pressure related to sexual activity, whilst becoming more confident in avoiding the risks related to sexting. Students will know the specific dangers to mental health and how to manage contraception choices.	Pornography Revenge porn Contraception Barrier methods Pressure Sexting Honour crimes FGM	Foreplay Masturbation Oral sex Erection Night-time emission Ejaculation On line dating

Phase 8	Sequential knowledge checkpoints	Key Vocabulary	
Phase 8 will include a workshop on drugs, crime and debt, as well as Health 3 (Science) with exploration of drugs, the law and mental health effects. An assembly will introduce county lines. Mental health and men's health will be explored more widely through tutor work and assemblies.	Students will know the dangers of drugs including dependency and the effects on both physical and mental health (linking with and building upon understanding from phase 6 (smoking / alcohol related). They will know the risks of county lines. Students will be able to make links between drugs and crime.	Dependency Types of drugs County Lines Solvent abuse	Amphetamine Hallucinogen Depressant Legal high

Phase 9	Sequential knowledge checkpoints	Key Vocabulary	
Phase 9 will include a workshop banter and harassment. Through tutor sessions students will develop online safety work to include the influence of the media, as well as linking to some citizenship topics through Good Citizens (knife crime, fraud, consumer rights). Students will develop their knowledge of vocational career pathways.	Students will understand the difference between banter and harassment and build on the knowledge from phase 2 by starting to evaluate online behaviour and the influence of the media, building knowledge of the risks attached. Students will know the law associated with knife crime, fraud, consumer rights and know how to keep themselves safe. Students will know some different career paths including T-Levels and vocational route.	Banter Harassment Hazing Trolling Misogynist Sexist Consumer rights Unethical	Fraud Extortion T-Levels Voluntary sector Vocation Confidential Anonymous Media

End Point for Year 9	Students will be increasingly confident in their knowledge about the fundamentals of being healthy, including sexual health, general health, mental health and relationships, including specifics such as contraception, pornography, sexting, drugs and choices related to pregnancy. Students will start to critically evaluate different places to seek help, in school and out of school, for any problems / questions / concerns.

Phase 10	Sequential knowledge checkpoints	Key Vocabulary	
Phase 10 will include workshops on where relationships can go wrong (abusive relationships, online tragedy, consent and sexual exploitation). Through tutor sessions students will look at positive family relationships and the diverse nature of modern family.	Students will have an increasingly clear understanding of and be able to critically evaluate relationship scenarios and choices, leading to positive relationships or abuse. This will build on the understanding from phase 7. Students will be more confident in the law related to sexual activity and consent, including the capacity to withdraw consent and consent within relationships. This builds on the understanding from phase 7.	Gaslighting Domestic abuse Domestic violence Balance of power Legal status Exploitation Withdrawal of consent	Rape Sexual Assault Date rape Grooming County Lines Magistrates Court CEOPs

Phase 11	Sequential knowledge checkpoints	Key Vocabulary
Phase 11 is crime-based, including workshops on drugs and county lines, homophobia and knife crime as well as Sexual Health (Science) in terms of STI's, sexual pleasure and choices to delay. Tutor PSHE and assemblies will develop understanding of extremism.	Students will understand the links between drugs and a number of other dangers (other than to health) including crime and exploitation. This will build on the knowledge gained in phase 8. Students will have a more specific understanding of homophobia and extremism, building upon knowledge gained in phases 2 and 6.	Exploitation County Lines Homophobia Extremism Extreme views Propaganda Controversial

Phase 12	Sequential knowledge checkpoints	Key Vocabulary
Phase 12 will include choices relating to pregnancy (workshop), re-framing mental health and recognising specific mental health conditions. Also includes specific careers work on employment and training (NEET) and employment in the local area.	Students will understand how to reframe mental health and recognise and manage specific mental health conditions, building upon knowledge from phase 7. Students will be developing a clear understanding of different career paths with local context, building upon careers knowledge from phase 9.	NEET Entrepreneur Anxiety Depression Emergency contraception Abortion

End Point for Year 10	Students will be really confident in their knowledge about the fundamentals of being healthy, including sexual health, general health, mental health and relationships, including specifics such as abusive relationships, exploitation and county lines. Students will be more effectively able to critically evaluate different places to seek help, in school and out of school, for any problems / questions / concerns.

Phase 13	Sequential knowledge checkpoints	Key Vocabulary	
Phase 13 will include workshops on Mental Health and exams, getting racial equality, alcohol/drugs/violence/sex, and the real world v online world. It will also include specific careers work on applications / personal statements / next steps. Students will complete Sexual Health Unit 5 on the menstrual cycle, contraception and menstrual well-being	Students will have mastery-level knowledge of specific mental health strategies to help with exam pressure, whilst building upon the knowledge / understanding from phases 10 and 11 in terms of RSE safety (alcohol/drugs/violence/sex). Students will be able to critically evaluate the approaches taken to ensuring racial equality becomes a reality, building upon knowledge from phases 2, 6 and 11	NEET Anxiety Depression Sado masochism Gambling C.V.	Personal statement Gap Year Internship Commute Salary Benefits

End Point for Year 11	Students will be fully confident in their knowledge about the fundamentals of being healthy, including sexual health, general health, mental health and relationships, including specifics such as mental health under pressure (e.g. exams) and how to help bring about racial equality. Students will be more effectively able to critically evaluate different places to seek help, in school and out of school, for any problems / questions / concerns, and will be confident in their potential career paths and opportunities.