

Year 10 PSHE Overview

PSHE Pastoral Workshops x 6	Science	Tutor Reading Sessions (x 38) and Topical PSHE Weekly Picture News Resource (x 38) and Tutor PSHE Lessons (x 30)	Year assemblies/Boot camp sessions	Cross curricular (All subjects other than Science)
19 Sexual exploitation (Part 1)	1 Sexual Health unit 4 STIs, sexual pressure, choice to delay	Mental Health including new challenges, reframing negative thinking, recognising when help is needed, emotional well-being, anxiety, depression and conflict resolution Family Life – Parenting, Relationships, Marriage, Legal Status Consent – capacity to withdraw (to go alongside workshop) Extremism and Inclusion – valuing diversity, understanding and preventing extremism, radicalisation Careers – What is a NEET?, Employment in our Area, College Open Days	Expectations / Behaviour	
20 Sexual exploitation (Part 2) and drugs including county lines	2 Health unit 4, to include stem cell donation and cancer		Equalities to go with homophobia workshop	
21 Knife crime	3 Health unit 5, to include Healthy lifestyle, cardiovascular ill-health, immunisation and vaccination, self-examination		Post 16 / careers	
22 Abusive relationships (Gaslighting and domestic abuse) to include Consent and the law (rape)			Sexting assembly	
23 Online relationships – how could it go wrong?				
24 Homophobia				
*SEND – workshops delivered mainly in differentiated sets (through core lessons), with appropriate support, smaller groups and differentiated work	*SEND – Science units delivered mainly in differentiated sets with appropriate support, smaller groups and differentiated work where appropriate			

Key Questions for students in Year 10

What would it be like if my partner or I got pregnant?
 Why does homophobia still exist?
 How does addiction take over?
 When can you withdraw consent?

What are gas-lighting and domestic abuse?
 What does the law say about consent/rape?
 What family decisions will I need to take?
 What is a Neet?

What are the effects knife crime?
 Why are drugs / alcohol linked to sexual activity?
 How does the law support modern families?
 What are my options post-16?