

Year 7 PSHE Overview

PSHE Pastoral Workshops x 6	Science	Tutor Reading Sessions (x 38) and Topical PSHE Weekly Picture News Resource (x 38) and Tutor PSHE Lessons (x 30)	Year assemblies /Boot camp sessions	Cross curricular (All subjects)
1 Bullying - Understanding and responding to bullies	1 Sexual Health unit 1. Changing adolescent body (puberty, menstrual well-being and implications for emotional and physical health), healthy intimate relationships, pregnancy *SEND – Science units delivered mainly in differentiated sets with appropriate support, smaller groups and differentiated work where appropriate	Class reading sessions – Autumn Term - All the things that could go wrong. All about Year 7 in school, with the following topics: bullying/ OCD/ self-esteem/ right and wrong/first impressions/family relationships Topical PSHE Weekly Picture News Resource with literacy activities. Produced and sent weekly on something topical. With British Value included. Settling in activities Introduction to Online-safety and media Healthy Relationships – family and friends. Dealing with loss and separation Mental Health introduction Careers – Introduction to START, My Records, Profile Development, Skills that I have, Skills Networking preparation and event.	Expectations / Behaviour Equalities Introduction (to fit with workshop) On-line safety (to fit with my on-line presence workshop) Mental Health Awareness	Humanities – Prevent and Extremism, prejudiced?, the rights of citizens Drama – Conflict resolution / bullying (TBC) ICT – Cyberbullying, E-safety, Sexting
2 Bullying - Peer on Peer abuse				
3 Equalities introduction				
4 My online presence - me and my phone				
5 Keeping me and my friends safe				
6 Working at relationships / friendships (please see AB to hit curriculum criteria on friendships) *SEND – workshops delivered mainly in differentiated sets (through core lessons), with appropriate support, smaller groups and differentiated work				

Key Questions for students in Year 7

How might bullying look?

How could someone deal with bullying?

What is Peer on Peer abuse and what are the consequences?

What does 'Equalities' mean?

What does the law say?

Am I keeping myself safe on-line? What makes a good friend?

Will I be able to recognise and deal with changes to my body?

How can I increasingly take responsibility for my health?

What do we mean by 'mental health'?

How does anyone deal with loss? What skills do I already have?