

## Year 8 PSHE Overview

| PSHE Pastoral Workshops x 6  | Science  | Tutor Reading Sessions (x 38) <b>and</b> Topical PSHE Weekly Picture News Resource (x 38) <b>and</b> Tutor PSHE Lessons (x 30)   | Year assemblies/Boot camp sessions             | Cross curricular ( All subjects)               |
|--|--|--|--|--|
| 7 My perfect partner   | 1 Health Unit 1, including healthy eating, hygiene and dental hygiene  | Class reading sessions – Autumn Term – Scavengers - All about looking at society and our flaws. A boy has been kept in secret on a landfill site - kept away from society. Themes: waste/greed/abusive relationships/ignorance v knowledge | Expectations / Behaviour                       | Maths – Money Sense<br><b>TBC</b>              |
| 8 What age can I?  |  |  |  |  |
| 9 Consent Introduction   | 2 Health Unit 2, including smoking   | Topical PSHE Weekly Picture News Resource with literacy activities. Produced and sent weekly on something topical. With British Value included.  | Consent (to fit with workshop)                 | Drama – Hate Crime / Race Relations <b>TBC</b> |
| 10 How the media influences me   |  |  |  |  |
| 11 Staying safe online and Sexting   |  |  |  |  |
| 12 Peer pressure - being and loving myself   |  |  |  |  |
| *SEND – workshops delivered mainly in differentiated sets (through core lessons), with appropriate support, smaller groups and differentiated work | *SEND – Science units delivered mainly in differentiated sets with appropriate support, smaller groups and differentiated work where appropriate | Basic First Aid including Heart Start  | Options / careers                              | English – Save the Children Charity Campaign   |
|  |  | Introduction to Online-safety and media  | Mental Health Awareness                        |  |
|  |  | Healthy Relationships – Consent intro (alongside workshop), Healthy Relationships and exploitation (CSE), Cyberbullying and Peer Pressure (alongside workshop)   | Anti-smoking assembly                          |  |
|  |  | Sexuality, Diversity, LGBT and Race Relations  | Sexting and on-line safety to go with workshop |  |
|  |  | Mental Health development  |  |  |
|  |  | Careers – Options and jobs using START, How to get my dream job, Checking progress against reports, Networking preparation and event.  |  |  |

### Key Questions for students in Year 8

How might my perfect partner look?

What am I allowed to do at what age (by law)?

What is Consent?

What does the law say?

What does 'Race Relations' and 'Diversity' mean? How much am I influenced by social media?

What does CSE stand for?

What is sexting?

How can I manage peer pressure successfully?

Why do people smoke and what are the effects?

What do we mean by 'mental health'?

What skills do I need to be able to save a life?

What should I consider when looking at option subjects?