

Year 9 PSHE Overview

PSHE Pastoral Workshops x 6	Science	Tutor Reading Sessions (x 38) and Topical PSHE Weekly Picture News Resource (x 38) and Tutor PSHE Lessons (x 30)	Year assemblies/Boot camp sessions	Cross curricular (All subjects)
13 Am I ready for a sexual relationship?	1 Sexual Health unit 2 to include STI's, alcohol, and drugs leading to risky sexual behaviour, how to get further advice 2 Health Unit 3 physical activity and mental well-being to combat stress, cancer, blood/organ/stem cell donation, smoking and alcohol consumption, legal and illegal drugs, facts, mental health, include the law relating to supply / possession of illegal substances, attitudes to drugs, physical and psychological consequences of addiction (including alcohol), prescription drugs risks, Immunisation and Vaccination	Mental Health including healthy and unhealthy coping strategies, Dove Self Esteem and Men's Health Introduction to Online-safety and media Healthy Relationships – Including Sexting and First Time (to go alongside workshop) Good Citizens including consumer rights, free press, fraud and knife crime Careers – Apprenticeships and T-Levels, Updating START, Tracking my Progress, Networking preparation and event.	Expectations / Behaviour Mental Health Awareness – men's health? Drugs in rural areas – to be delivered before the workshops County lines intro	Humanities – including are religions prejudiced, arranged marriage, FGM, honour-based violence (need to check?) intolerance and hate crimes, holocaust and sectarianism *Need to check honour-based violence English – Stereotyping particularly gender and representation of women (Of Mice and Men) and Race Relations (To Kill a Mockingbird)
14 Pornography impacts and dangers				
15 Drugs (cannabis and amphetamines), crime and debt				
16 Sex and mental health - anxiety and self-image				
17 Banter and harassment				
18 Age appropriate sexual behaviours				
*SEND – workshops delivered mainly in differentiated sets (through core lessons), with appropriate support, smaller groups and differentiated work	Sexual Health unit 3 to include reproductive health, contraception, choices related to pregnancy, menopause *SEND – Science units delivered mainly in differentiated sets with appropriate support, smaller groups and differentiated work where appropriate			

Key Questions for students in Year 9

Am I ready for a sexual relationship?

What are the dangers of pornography?

What are the effects of different drugs?

How do I deal with sexual pressure, choosing to delay and the mental health aspects for Sex?

What does the law say about drugs?

How do drugs link to debt and crime?

When does 'banter' become 'harassment'?

What should I be 'doing' with sex at my age?

What healthy or unhealthy strategies do people use to cope with 'mental health'?

How should good citizens / consumers act?