

**Year Group: 10**

**Subject: GCSE PE**

**Term: Spring 2020**

<b>Topic</b>	<b>Key Learning points</b>	<b>Assessments</b>
<b>Socio-Cultural Influences</b>	Social Groups Understand factors that contribute to engagement patterns Engagement Patterns Factors affecting participation Commercialisation - The relationship between sport, sponsorship and the media. Sponsorship & Media Definitions & types of sponsorship and the media. Impacts of sponsorship and media Technology -examples of technology used in sport & Impact. Impact of Technology Conduct of Performer Spectator behaviour The positive influence of spectators Hooliganism and strategies to combat behaviour PEDs Categories of prohibited substances, which sports performers and why. Stimulants, narcotic analgesics, anabolic agents, peptide hormones (EPO), diuretics, blood doping, Beta Blockers including the basic positive effects and negative side effects:	Students will be formatively assessed each half term during an in class test using past exam paper questions. <ul style="list-style-type: none"><li>• Before each assessment students will complete a revision homework</li><li>• After each assessment there will be an opportunity for students to review their understanding</li><li>• Full analysis of the paper to review strengths and areas of weakness linked to topic areas or styles of questions.</li></ul>
<b>Revision and Recap</b>	Seasonal Aspects of Training, SPORT & FITT Immediate, short and long term effects of exercise Warm ups & Cool downs Injury Prevention EPOC & Recovery Process Movement analysis Levers & Mechanical advantage Planes & Axis Health & Fitness Mental & social Health, Physical health & wellbeing Sedentary Lifestyle & Obesity	All assessments will be marked by teachers and results recorded and used to stretch and challenge as appropriate.  Assessment and grading of practical sports will also begin, likely to be sports including Hockey, Basketball and Netball.