

Top-Level Overview for Key Stage 4 Curriculum: Sport BTEC

1. Endpoint for the end of Key Stage 3:

N/A

2. Topic Overview

Year Group	Autumn Term	Spring Term	Summer Term
	Topics:	Topics:	Topics:
10	Component 1: Preparing Participants to Take Part in Sport and Physical Activity - LOA - Explore types and provision of sport and physical activity for different types of participants - LOB - Examine equipment and technology required for participants to use when taking part in sport and physical activity	Component 1: Preparing Participants to Take Part in Sport and Physical Activity - LOC - Be able to prepare participant to take part in a sport and physical activity Component 2: Taking Part and Improving Other Participants Sporting Performance - LOA – Understand how different components of fitness are used in different physical activities	Component 2: Taking Part and Improving Other Participants Sporting Performance LOB – Be able to participate in sport and understand the roles and responsibilities of officials
11	Component 2: Taking Part and Improving Other Participants Sporting Performance - LOC – Demonstrate ways to improve participants sporting techniques Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity - LOA – Explore the importance of fitness for sports performance - LOB – Investigate fitness testing to determine fitness levels	Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity - LOC - Investigate different fitness training methods - LOD – Investigate fitness programming to improve fitness and sports performance	Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity Exam Revision