

Psychology is made up of 6 approaches:

- Behaviourist approach
- Psychodynamic approach
- Humanistic approach
- Social Learning Theory
- Biological approach
- Cognitive approach

Research each of these approaches and fill in the summary sheet with some details on each one. You do not need to go into too much depth but need to give the overall views and beliefs of behaviour for each approach.

Bring this sheet with you to the first lesson in September.

Biological approach

Behaviourist approach

Social Learning Theory

Cognitive approach

Psychodynamic approach

Humanistic approach