

## Key Vocabulary for Spring Term Overviews

Subject: GCSE PE		Year Group: Yr 11
Key Learning Points/End Points	Key Vocabulary	
Revision and Recap Sports Psychology	Skills, Goal & Targets. Information Processing, guidance & feedback, Arousal, Personality, Aggression & Motivation, Inverted U theory, Stress management techniques	
Health Fitness and well being	Physical, Emotional, Social fitness and Well Being, Somatotypes & Obesity, Nutrition & Hydration	
Socio Cultural	Participation groups, spectators and behaviour, Commercialisation, Sponsorship & Technology , Performance Enhancing Drugs	
Anatomy & Physiology	Muscular– Skeletal & Cardio-Respiratory systems	
Exam Technique Applying knowledge to A01 Applying knowledge to A02 Applying knowledge to A03	Calculate, Complete, Apply, Define, Draw, Give, Identify, Label, Name, Plot, Sketch, State Comment, Consider, Contrast, Describe, Explain, Outline, Suggest Analyse, Compare, Assess, Discuss, Evaluate, Interpret Justify	