

RSL Award Dance Assessment Overview

Internally Assessed unit: Ensemble Dance Performance (50% of final grade)

All work for this unit has been assessed and submitted.

Externally Assessed Controlled Assessment: Performance & Choreography (50% of final grade)

All work for this component must be assessed and submitted by Tuesday 29th March 2022

Task 1:

- 1.1 - Planning for your live performance including a description of personal aims
- 1.2 - Proposal of innovative ideas for performance
- 1.3 - Production plan
- 1.4 - Analysis of Health & Safety

Task 2:

- 2.1 Plan and rehearse with others documenting a log of your rehearsals
- 2.2 Perform a dance (2-6 minutes) to an audience

Task 3:

- 3.1 Review your performance
- 3.2 Suggest perceptive ways to improve future performances.

DANCE KEY VOCABULARY:

Physical skills: posture, alignment, balance, co-ordination, control, flexibility, mobility, strength, stamina, extension, isolation

Technical skills: action content including travel, turn, elevation, gesture, stillness, floor work, transfer weight; dynamic content including fast/slow, sudden/sustained, acceleration/deceleration, strong/light, direct/indirect, flowing/abrupt; spatial content including pathways, levels, directions, size of movement, patterns and spatial design; relationship content including lead and follow, action and reaction, accumulation, complement, contrast, counterpoint, contact, formations; timing content; rhythmic content, moving in a stylistically accurate way

Expressive skills: projection, focus, spatial awareness, facial expression, phrasing, musicality, sensitivity to other dancers, communication of choreographic intent

Mental skills: (during performance) movement memory, commitment, concentration, confidence (during process) systematic repetition, mental rehearsal, rehearsal discipline, planning of rehearsal, response to feedback, capacity to improve

Safe working practices: safe execution, appropriate dancewear including hairstyle, footwear and absence of jewellery, warming up, cooling down, nutrition, hydration

Choreographic Processes: researching, improvising, generating, selecting, developing, structuring, refining, synthesising

Structuring devices: binary, ternary, rondo, narrative, episodic, unity, logical sequence, transitions

Choreographic Devices: motif and development, repetition, contrast, highlights, climax, manipulation of number, unison and canon

Aural setting: song, instrumental, orchestral, spoken word, silence, natural sound, found sound, body percussion

Performance environments: proscenium arch, end stage, site sensitive, in the round

Communication of choreographic intent: mood, meaning, idea, theme, style fusion

Features of production: staging/set including projection, furniture structures, backdrop, screens; lighting including colour, placement, direction, angles, intensity; properties including size, shape, materials and how used; costume including footwear, masks, make-up and accessories, shape, colour, texture, material, flow, gender specific, how they define character or sculpt the body, enhance the action; dance for camera including placement, proximity, angles, special effects