

Year Group: 8		Subject: Core PE	Term: Summer
Sport	Key Learning points	Assessment	
Cricket	<ol style="list-style-type: none">1. Be able to perform a sweep shot2. Re-cap on long and short barrier, one handed intercept and fielding behind square on the leg side.3. Develop throwing technique4. Be able to spin the ball when bowling5. Develop knowledge of where to bowl and how to try and get batters out6. Apply basic positioning of the fielders to small-sided game situations – 5:4 theory.7. Apply further rules to small-sided game situations. - Six deliveries per over. What makes a legal delivery?8. Be able to play a defensive shot9. Be able to play a cut shot	<p>Students will be assessed during the course of the scheme of work by the teacher on a lesson by lesson basis.</p> <p>Students will be given verbal feedback on how to improve their performance.</p>	
Rounders	<ol style="list-style-type: none">1. Students should be able to catch a hard rounders ball safely.2. Students should be able to attempt to create spin on a bowl.3. Students should be able to apply decision making skills at the backstop position.4. Students should be able to vary trajectory and speed of a ball when bowling5. Students should be able to demonstrate effective ground fielding, focussing on body position, reaction time, agility and getting the ball moving in play as fast as possible6. Students should be able to identify and attempt to hit in to space when batting to gain an advantage.7. Students should be able to apply tactics in a game situation, focussing on mobility on and off the posts in response to the other team8. Students should be able to call High/low/wide/body balls in a game situation.9. Students should be able to communicate effectively in the field.10. Students should play in full sized games		
Athletics	<ol style="list-style-type: none">1. Can manage equipment safely including all throwing equipment.2. Perform a warm up effectively to prevent injury in athletics, considering specificity of event.3. Perform a sprint start as part of a sprint race.4. Perform a complete standing throw with correct technique including discus, shot and javelin.5. Be able to keep a correct pace when performing in endurance events.6. Perform the basic hurdle technique over more than one hurdle7. complete a relay changeover including exchange of baton and rules of changeover box		