

PSHRE Careers Overview 2022-23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y7	What are my skills? What am I good at? Personal perceptions Personal skills Coping with change Using Start	Soft Skills What are soft skills? Stress and conflict management Interpersonal skills Leadership Decision making Time management Hard vs soft skills	Types of Careers What career path are you interested in? How much money do different careers make? Who typically works in different career areas? Public Sector and Private Sector	Qualifications What do GCSEs do? Post-16 qualifications Post-18 qualifications Qualifications around the world Which paths suits you?	Life Management What are priorities? Who are my future allies? What are my successes? How can I be organised? Why is my workspace important? How is free time important?	Public Speaking Is public speaking for me? Public speaking jobs Public speaking skills Body language Speech preparation Presenting a speech
Y8	Organisational Skills Creating and meeting deadlines What is delegation? Decision making Managing others Scheduling Communicating needs and expectations Problem solving	Options What are your Options? How do Options fit in with Post-16? Start – Where will my Options take me? Subject Overviews x 4	Career Paths Average careers paths in the UK Headteacher's story Teachers' stories x 2 Local employer's story x 2	How Careers Change What is futureproofing? Careers changing over time Mastering computer skills What is CPD and who does it? How Life has changed in 100 years	Subjects in Focus English Maths Chemistry Biology Physics History Geography	Teamwork What makes good teamwork? Achieving goals as a group How to lead a team How to listen to leaders in a team The benefits of teamwork When is teamwork not possible? Which do I prefer?
Y9	Goals and Reaching Them What is goal setting? Becoming goal oriented Setting realistic goals Goal achieving mindset Goal achieving skillset Taking the first step Reaching goals and rewards	Working and Your Rights Child labour laws What is work experience? Minimum wage and hours Rights as an employee Safe work environments How much can you work? Why get a part-time job?	Work Preferences Office work Working from home What is commuting? Travel work Working abroad Working with others Working alone	Labour Market Information What is Labour Market Information? How many jobs are there? What is an entry level position? Unemployment in the UK Employment in Herefordshire	Major Employers NHS and healthcare Armed forces Ministry of Justice and Policing Network Rail and Transport BBC International Largest employers in Herefordshire	GCSEs and Post-16 Why are GCSEs important? Local colleges and courses A Levels explained Apprenticeships What is a NEET? T Levels Your choices
Y10	Post-16 Information Life after GCSEs Maturity and post-16 What is Sixth Form? What is college like? Sixth Form vs College Thinking about your post-16 choices A Levels or NVQs?	Subjects in Focus Design Food Music Drama PE Art	JM6 Life at JM6 Subject overviews x 4 JM6 Student Voice	Are You Independent? What does being independent look like? Attention to detail Growth mindset Time management in Key Stage 4 Self-monitoring	STEM What is STEM? Popular STEM Careers STEM and Pay NMITE What you need to study STEM STEM review	Public Speaking Public speaking and schools Public speaking skills Public speaking jobs Body language Nerves when speaking Demonstrating skills Public speaking
Y11	Post-16 Focus End of year goals School life vs real life Local employers x 3	CVs and Applications What is a CV? CV writing tips and tricks CV writing workshop CV writing sessions x4	Exam Focus Mock exam reflection	Organisational Skills What does it mean to be organised? How to build a revision timetable Organising your workspace Revision and note taking Easter revision support	N/A	N/A