

GCSE FOOD PREPARATION AND NUTRITION

AT A GLANCE	FORMAT
<div data-bbox="199 304 762 640" data-label="Figure"> </div> <p data-bbox="158 663 740 723">Component 1: Principles of Food Preparation and Nutrition - 50% of qualification</p> <p data-bbox="158 723 740 846">Written examination: 1 hour 45 minutes Section A: questions based on stimulus material. Section B: structured, short and extended response questions.</p> <p data-bbox="158 875 740 936">Component 2: Food Preparation and Nutrition in Action - 50% of qualification</p> <p data-bbox="158 936 740 1059">Non-examination assessment. Internally assessed, externally moderated Assessment 1: 8 hours 15% of qualification Assessment 2: 12 hours 35% of qualification</p>	<p data-bbox="802 309 1401 342">FOOD PREPARATION AND NUTRITION</p> <p data-bbox="802 380 1342 454">Component 1 - Principles of Food Preparation and Nutrition – Year 10</p> <p data-bbox="802 492 1362 566">Component 2: Food Preparation and Nutrition in Action – Year 11</p> <p data-bbox="802 674 1018 707">Areas of study:</p> <ol data-bbox="802 748 1315 969" style="list-style-type: none"> 1. Food commodities 2. Principles of nutrition 3. Diet and good health 4. The science of food 5. Where food comes from 6. Cooking and food preparation
<p data-bbox="687 1095 924 1128">SUCCESS TIPS</p>	
<p data-bbox="150 1155 908 1189">Top Tips for successful completion of the exam paper</p> <ul data-bbox="189 1229 1465 1843" style="list-style-type: none"> • Ensure that you do not spend a disproportionate amount of time on a question which is only worth a few marks and then don't have time to complete a question worth more. You can always come back to earlier questions at the end of the exam if time allows. • Check the number of marks available for each question as this reflects the number of points the examiner is looking for. A question worth two marks is likely to want two key pieces of information. Whereas, a question worth six marks will need a detailed explanation with relevant examples. • Ensure you write your answers in full sentences and give examples where appropriate to clarify your response. • Remember: spelling, grammar and subject terminology will be considered in the awarding of marks. In extended writing questions sentence structure will be important. If the exam paper gives a set amount of space for you to respond use this as a guide to the amount and number of points they are expecting you to include. • Try pinning up your revision notes and mind maps in appropriate places around your home so that you can absorb key bits of information regularly, e.g. beside your mirror, back of the bathroom door, on the side of the cereal box etc - anywhere you will see it regularly. 	
<p data-bbox="142 1874 285 1908"><u>Resources</u></p> <p data-bbox="142 1939 1398 2007">We would encourage students and parents to visit www.eduqas.co.uk/ (Eduqas is a brand of the British examination board WJEC) to find revision resources</p> <p data-bbox="142 2040 1386 2107">Revision and Exam workbooks have been given to all students and they should be using these to practice exam questions.</p>	