

# Subject overview for: Health and Social Care

## 1. Subject overview

In our Health and Social Care department we equip our learners with essential knowledge, transferable skills and tools to improve their learning in other subjects with the aim of enhancing their employability when they leave education. In this subject students:

- Develop an empathetic and deep-seated understanding of the values of care in a variety of settings
- Understand the rights of individuals and the need for legislation to be adhered to
- Develop a range of positive communication techniques and understand their impact on others
- Develop an enjoyment of the subject with learners being able to relate their studies to life
- Acquire an awareness of the development and protection of children in an early year setting
- Enhance literacy skills by completing written assessments and case studies linked into the subject content
- Strengthen communication skills, problem-solving skills, analytical skills and independent thinking.
- Acquire a detailed knowledge of first aid and be able to apply this to practical activities and real life situations.

## 2. Key Stage Four summary

### a. Year 9: Transition year

Students spend Year 9 gaining a solid understanding of what the three sectors are in Health and Social Care looking at careers linked to this subject and also the varying needs of society. Students will complete two practical courses in Year 9, these are; First Aid – students will learn a range of first aid skills and feel confident in administering first aid; Sign Language – students will complete a series of workshops to give them a good introduction to British Sign Language. Students will study five introductory units which are: Introduction to Health and Social Care, First Aid, The Values of Care, Communication and Life stages.

### b. Year 10: Cambridge National Certificate in Health and Social Care

Students spend Year 10 working on the first mandatory non-examined assessed unit Life Stages. Students will understand the key milestones a person goes through in the increasing life stages. Students will examine the expected and unexpected life events a person will experience and realise the impact of environmental, economic and social factors on a person's lifestyle. Students will then study the principle of care in Health and Social Care setting looking at the rights all service users are entitled to. Students will then look at person centred values which will give them a thorough understanding of effect person centred care can have on a service user.

### c. Year 11: Cambridge National Certificate in Health and Social Care

Students will spend the Autumn term working on the second mandatory non-examined assessed unit Creative Activities and Therapeutic Activities. Students will plan and deliver a creative activity for an individual or a group of people. Once they have delivered their activity they will evaluate their whole performance. Students will then study the examined content for principles of care in health and social care settings before sitting the terminal exam in the summer term.

### **3. Sixth Form courses**

In JMHS Sixth Form, students can undertake a Cambridge Technical course in Health and Social Care that is equivalent to one A-Level, the rationale for studying this course is that Health, Social and Child Care services are essential in society and create a huge variety of employment opportunities in the UK. Studying Health and Social Care at JMHS will enable students to develop the intrapersonal and interpersonal skills needed to support a range of people needing care, it will allow them to become knowledgeable practitioners able to identify a range of individual needs and apply a person-centred care approach to meet those needs. Students will become self-reflective about their own practice, their strengths and areas for development. The course allows them to prepare to become practitioners able to provide effective care in line with current legislation and health and safety guidelines. They will develop knowledge of anatomy, physiology and public health. They will acquire a firm understanding of different settings and the types of care needed, so students can make informed decisions about their future education, training or employment. Furthermore, they will develop transferable skills in communication, resilience, research, planning and organisation.

In Year 12 students will study two examined units, the first being anatomy and physiology and the second being health safety and security, both of these units will culminate in the exams being taken in the summer term. Students will also complete their first non-examined assessment unit which is building positive relationships, within this unit students will need to complete a practical interaction. In Year 13 students complete one examined unit in the summer term which is equality, diversity and rights, this gives them a firm understanding of legislation linked to the sector. Students will complete two non-examined assessment units this year, the first being the infection control conditions and the second being public health.

### **4. Contribution to preparing for life in modern Britain/equalities**

By choosing to study Health and Social Care at Key Stage 4 and Key Stage 5, students gain an understanding of their role within the local and national sectors of Health and Social Care. We use Health and Social Care as a method to promote British Values such as; empathy and consideration for others, diversity and the need for equality for all, barriers people face when accessing Health and Social Care. From the start of the course students are taught the importance of reflective practice and how this can benefit themselves and the service users they may encounter.

### **5. Contribution to careers provision**

To ensure our Key Stage 4 course has a genuine vocational context, each module incorporates exposure to specific jobs and careers related to what is being learnt. Students acknowledge and discover and develop the skills employers want. The curriculum is planned to develop their interest in specific branches of health and social care practical.

At Key Stage 5, we pay particular attention to different careers within every unit along with pathways students can take towards those professions. Students are able to apply their learning to the requirements to continue in Health and Social Care whether this is in the workplace or applying for further education. We also aim to link to local employers so all students understand day to day life within this sector.