

# Independent Study

## In Psychology you should...



### 1. After each lesson

After each lesson review your lesson notes and make a note of anything you do not understand so that you can ask about next lesson and do independent learning around it.

You should read the relevant pages in the AQA textbook (usually a double page spread per lesson). You should add in anything you have missed into your notes and use the questions in the lower right-hand corner to check your understanding.

### 2. Weekly

Create revision resources, such as flashcards, around the key terms/studies/theories.

Use revision websites to fill in any gaps in your notes/answer any questions you have. Links to useful sites for this are below:

Simply psychology: <https://www.simplypsychology.org/resources/a-level-psychology>

Tutor2u: <https://www.tutor2u.net/psychology>

AQA psychology specification: <https://www.aqa.org.uk/subjects/psychology/as-and-a-level/psychology-7181-7182/specification-at-a-glance>

### 3. Fortnightly

Review a topic taught last year (year 13) or previously in the year (year 12) and answer past exam questions on this topic to assess your understanding. Fill in any gaps in your knowledge by reviewing notes and using your textbook.

Use the research methods checklist to identify any research methods topics with gaps and use your textbook/online resources to fill these in. You should complete past paper research methods questions once a fortnight.

### 4. Termly

Follow a Mooc course based on Psychology: <https://www.unifrog.org/sign-in?return=/student/moocs/long-list>

Go through your topic checklist at the end of each topic and identify any areas with gaps. Use your notes and online resources to fill in these gaps.

### 5. Throughout the year

Complete past paper questions with the mark schemes. Available at: <https://revisionworld.com/a2-level-level-revision/psychology-level-revision/level-psychology-past-papers/aqa-level-psychology-past-papers>

You should work through these questions to test your knowledge and critically assess your work using the mark schemes. Aim for one every half term.