

## Bridging Transition Work Year 12 HSC

It is important that we recognise what makes us unique, this is especially important in health and social care as it allows us to provide the best possible care.

This is known as diversity - The term diversity means 'differences' or 'varieties' and inclusivity for everyone as unique individuals.

1. Research as many ways that makes us as a population diverse. You are aiming to find out at least ten ways!  
For each aspect of diversity, you have identified explain why this is important to recognise in health and social care – can you give a specific example for each?
2. Write a plan for an activity that could be ran with Year 2 students in a primary school to encourage their understanding of diversity and being inclusive.
3. Sadly, those who may be seen as 'diverse' often face discrimination.  
Write a definition of direct and indirect discrimination.
4. Why is it important we challenge discrimination if we see this in the workplace? Why do some people find this difficult to do?
5. Research a case in health and social care where discrimination has taken place. What was the basis of discrimination. What were the outcome. What is your opinion about the case?